

Pesto Pasta

Blitz, toss, done — the fastest plate of the week

02

WEEK NO

01

Check Your Pantry First

☐ Olive oil

☐ Salt & black pepper

☐ Garlic

02

Need to Buy

Follow the order — it maps how you walk the grocery.

FRUITS & VEGETABLES2 ITEMS

☐ Fresh basil

2 bunches

☐ Lemon juice

x1

PANTRY & DRY GOODS2 ITEMS

☐ Spaghetti

200g

☐ Pine nuts

40g

SUBSTITUTES

- Homemade pesto = Kona Bakehouse pesto butter, melted straight through hot pasta — no blending needed
- Pine nuts = walnuts

FRESH PROTEINS0 ITEM

CHILLED & DAIRY1 ITEM

☐ Parmesan, block

200g

03

Where to Shop

End at the deli counter. Everything else is one walk through the supermarket.

01

Mauceri KLFresh pasta

Available at QRA Arcoris Mont Kiara (arcoris.qrafoods.com). For anyone who wants fresh rigatoni or spaghetti instead of dried. instagram.com/mauceri_kl

02

Supermarket

Produce, pantry aisle

03

Kona BakehousePesto butter

49 Jalan SS2/30, SS2 PJ
Tue–Sun, 8am–5pm.

konabakehouse.com

THIS WEEK'S MEALS

01

Ragù Rigatoni

2 HOURS | MEDIUM

02

Pesto Pasta

15 MIN | EASY

03

Classic Cabonara

20 MIN | EASY

04

Aglio e Olio

15 MIN | EASY

05

Spicy Rigatoni alla Vodka

25 MIN | MEDIUM